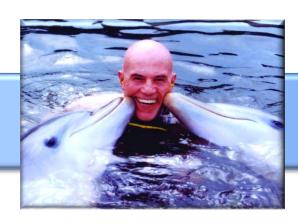


CURRICULUM VITAE

Dr. Paul Greenacre DDS



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SUMMARY

Dr. Paul Greenacre was born in South Porcupine, near Timmins in Northern Ontario, Canada. As a teenager he had a market garden where he grew and sold vegetables. He also worked in an apiary. He was also fascinated with bush pilots and floatplanes. As a result of that interest, he obtained his private pilot license at age 16; even before he got his driver's license.

At 16 years of age he was also accepted into the pre-med program at McGill University in Montreal. At 18 he was accepted into both The University of Toronto and McGill University's Dental Programs. He decided to go into McGill's Dentistry program and in 1970 at the age of 23, he graduated from that program. Paul was the only Canadian Dental Student at the 1970 International Dental Students Association Conference in Malmo, Sweden and Copenhagen , Denmark

Today, at 73, he has surpassed 50 years of continuous practice. To date, Dr. Greenacre has obtained 5 Fellowships in dentistry and has published many articles such as, "Why the Human Face is Shrinking", and "Maxillary Dysmorphogenesis" and has also spent 10 years as a dental editor. In addition, he has also presented to multiple groups and organizations on topics related to: Medical Dentistry, How Oral Health affects Overall Health and Airway Alignment and Orthodontics, to name a few.

Dr. Greenacre continues to practice dentistry 5 days a week and enjoys the company of four adult children and one "Miss Maya", his treasured granddaughter.

5 Professional Themes of Practices

1st Theme - How Oral Health Affects Total Health - Medical Dentistry - "Meet the MDs"

During his years at McGill, Dr. Greenacre was intrigued and inspired by the writings of Sir William Osler, one of McGill most famous professors. He was particularly fascinated with Osler's remark that "The Mouth is the mirror of all disease.", and further Dr. Osler's comment "The eye cannot see what the mind does not already know" This started his dedication to exploring how oral health affects total health. Thanks to the Sir William Osler Library at McGill, How Oral Health Affects Total Health has become the first of 5 philosophical and professional themes of his practice and studies.

2nd Theme - Decathlon Dentistry

Dr. Greenacre was also greatly influenced by the teachings of McGill Professor Dr. Ernest Ambrose who invited guest lecturer, Dr. Robert Barkley, of Macomb, Illinois in 1968 to speak to the McGill dental students. Dr. Barkley became a pivotal professional mentor and urged the young Dr. Greenacre to pursue a challenging mission to become a decathlon dentist and develop multiple skills in orthodontics, periodontics as well as restorative dentistry. *Decathlon Dentistry* became Dr. Greenacre's second theme of his practice.

3rd Theme - Nutrition and Total Health

Dr. Greenacre has an extraordinarily strong belief in Super-Nutrition, and he has read extensively on the connections between our biochemical-hormonal-nutritional status and our overall health. *Nutrition and Total Health* became Dr. Greenacre's third theme in his Oral Health-Total Health concept of Integrated Medicine that he presents to his clients and colleagues through nutritional counselling and microbiome understanding. Dr. Greenacre recommends viewing Dr. Lustig's YouTube presentation called "Sugar – the Bitter Truth" based on the 1972 book by Dr. John Yudkin, "Pure, White and Deadly".

4th Theme – Airway and Alignment Orthodontics

Today, orthodontics is changing to keep in step with the rapid developments in sleep (or airway) medicine and integrated medicine which had correctly concluded that underdevelopment in the facial region can lead to diminished health and airway function. For instance, we have all seen children and adults who breathe either partially or wholly through their mounts with their lips apart. This and snoring are symptoms of airway dysfunction and sleep disordered breathing. Our first diagnosis duty in looking at a patient, whether they be an adult or child,

¹ https://youtu.be/dBnniua6-oM

is to access the airway and determine if we can help improve it or normalize it to some extent. If the first rule of medicine is "Do no harm", then it follows that the second rule must be "Do some good!".

The specialty of Sleep Medicine has changed our approach to dentistry and orthodontics by making us realize that a well-developed upper and lower arch will help prevent mouth-breathing, snoring and sleep apnea by creating better head and neck posture and whole-body function. By examining and altering bite alignment and by addressing the patient's airway with a series of orthodontic appliances and techniques, we can significantly improve the patient's overall health. This became Dr. Greenacre's 4th professional theme of practice.

5th Theme - Ten Step Protocol for Recovering Periodontal Health

In developing the Ten Step Protocol for Recovering Periodontal Health, Dr. Greenacre has established a unique process to thoroughly diagnose and effectively treat periodontal disease. Noting "We must be aware of the considerable data and the growing body of evidence that implies that periodontal diseases are whole body infections that are possibly and very probably related to many different medical conditions", and, in his professional opinion, the failure to diagnose and properly treat gum disease is overlooking a substantial source of whole-body inflammation.

HIGHLIGHTS OF PROFESSIONAL EXPERIENCE

After graduating, Dr. Greenacre practiced in Ottawa until 1972 and during this time he spearheaded the development of a 10-minute instructional film on preventive dentistry for the Canadian Armed Forces. He then became the dentist for The Royal Military College in Kingston, Ontario until 1973. For the next two years he was stationed in Baden Baden and Lahr, West Germany supporting the Royal 22nd Regiment "*The VanDoos*" of Quebec. This European experience gave him an understanding and appreciation for the European approach to dentistry and orthodontics. He readily appreciated Dr. John Witzig's and Dr. William Clark's endorsement of European Whole Person Orthodontics.

Back in Ottawa, during the late 1970s, he succeeded Dr. George Beagrie as editor of the Canadian Dental Association's Audio Cassette Continuing Education Program. For 4 years Dr. Greenacre produced a monthly hourlong audio program. In the early 1980s, Dr. Greenacre became editor of "*Dentafacts*" a sister program of "*Medifacts*", the monthly newsletter published by the Canadian College of Physicians and Surgeons. He spent the next 3 years developing dental educational packages.

In over 10 years of being a dental editor, his experiences gave him the opportunity to interview and write about hundreds of leading clinicians and specialists and their concepts and to relate their philosophies and procedures to Dentists across Canada. He has published articles in the McGill Dental Review, the Canadian Dental Association and Oral Health Magazine and he wrote an article on Sports Dentistry for the Canadian Coaching Association in 1982. These experiences prepared Dr. Greenacre to create his own practices and since the late 1980s he has developed over seven successful clinics in Canada's National Capital Region.

His medical heroes who write and practice with this theme of integrated medicine are: Dr. Norman Shealy, Dr. Leo Galland, Dr. Andrew Weil, Dr. D.S. Khalsa, Dr. Sidney Baker, Dr. Christine Northrup, Dr. Scott Peck, Dr. Larry Dossey, Dr. Stephanie Beling, Dr. James Balch, Dr. Richard Gerber, Dr. Bernie Siegal, Dr. Allan Somersaul, Dr. Robert Fulford and PhD's like Dan Colgan, Dan Baker, Gary Flint and Gary Craig.

Throughout his dental studies and practice, Dr. Greenacre has committed himself to study with over 30 orthodontists and over 100 of the finest dental instructors in the world, including: early studies in orthodontics with Dr. Lawrence Funt. This included Lectures with Dr. Janet Travell and other medical specialists in his Craniofacial Pain Institute, Dr. Nathan Shore, Dr. Errol Lader and Dr. Jack Sheridan; Studies in TMJ with Dr. Harold Gelb, Dr. John Witzig and Dr. Merle Bean; He graduated from his studies at the International Dental Institute in Montreal with Dr. Jean-Noel Lavallee and Dr. Michel Champagne with high distinction; Then pursued studies in Whole Body Dentistry with Dr. Gerald Smith and developed his understanding of osteopathy with Dr. Steven Smith of Philadelphia; studying with Dr. Shahin Pourgol of National Academy of Osteopathy he received his license as Manual Osteopath. Other doctors he studied with are Dr. Ron Levendoski, Dr. Al Fonder, Dr. Bruce Kinnie, Dr. Jack Hayden, Dr. John Mew,

and extensively with Dr. James Garry, Dr. Brendan Stack and Dr. Brock Rondeau. A few years ago, he enjoyed the privilege of being Dr. Rondeau's teaching assistant for his Ottawa area orthodontic program.

In the last few years Dr. Greenacre has studied with Dr. Darrick Nordstrom, Dr. Derick Mahoney, Dr. John Beck, Dr. Jim Beck and more recently with Dr. William Hang. He recently completed extensive training in a San Diego residency program conducted by Dr. Steve Olmos, diplomat of the American Academy of Cranial Facial Pain.

Following this, Dr. Greenacre completed the AACP's 2008 -2009 four-session mini residency program in craniofacial pain with all the teaching faculty of the American Academy of Craniofacial Pain in Dallas-Fort Worth. This gave him his AACP fellowship.

Further Paul has completed all the basic DOCS courses for conscious sedation and has done several implant related programs and in August of 2009 received a fellowship in the International Congress of Oral Implantologists (ICOI) after completing the Carl Misch implant program. He also recently completed a cadaver course on implantology and periodontal surgery with Dr. Hom-Lay Wang in Toronto at the Mount Sinai Hospital.

Senior Dentist

Dolphin Dentistry	2010 to present
Carleton University Dental Clinic	
University of Ottawa Dental Clinic	1989 – 1995
170 Metcalfe Street Ottawa	1975 – 1989
Dentist, Canadian Armed Forces Dental Corps	1970 – 1975
Served in Lahr, Germany and Baden Baden, Germany, Royal Military College looking after St	aff College, and time
also spent at Base Trenton and Base Ottawa.	-

Medical Dentistry

Medical Dentistry is the concept that treating, reducing, and preventing Inflammation in the body with super nutrition, along with ensuring an unobstructed Airway in conjunction with proper Alignment is the key to Total Health and Wellness. He most recently presented his lecture on Medical Dentistry to Dr. Simon Yu's annual conference in St. Louis, Missouri in 2020. Finally, his latest course was at the International Dental Institute studying bone and gum grafting, with Dr. Duc Vo in Montreal. He has also been using periodontal laser (LANAP and Waterlase techniques) to stop and reverse gum disease.

He is now planning a teaching program for physicians, dentists and allied health professionals based on the concepts of Medical Dentistry. This program will include topics such as:

- The "T.O.P.M.I.N.D". Strategy = "Teeth, Orthodontics and Periodontics Minimally Invasive Nutritional Dentistry "
 We want to save teeth, gum tissue and jaw joints by Ph management and microbial biofilm management to
 minimize local and systemic inflammation and do it safely, naturally and by conservatively using: "light"
 therapies or laser therapies, nutraceutical systems, tooth surface cleaning and hardening, gum micro
 biofilm pockets management, tissue rehydration and tissue regeneration techniques
- Oral appliances to stop snoring
- The New Orthodontics for growing a healthy head, neck airway and face
- Reduce the risk of Inflammation caused by bloodstream biofilms from gum diseases and tooth diseases.
- Mandibular Rebalancing using Dr. May and Dr. Leed's protocols
- Super nutrition for modern families encouraging the Paleo Modern Concept to Build Better Babies

Charitable Giving and Community Contributions

Dr. Greenacre has built his practice upon the foundation of giving back to the community by way of gifting a healthy smile to the most vulnerable in our community. Every day, he performs approximately \$500 of pro bono dental work to those who are otherwise unable to afford it. He also works with approximately 200 patients who are collecting Ontario Disability Support Program (ODSP) benefits as another part of his giving back. His additional annual tithing through his generosity adds up to approximately \$100,000 per annum.

Organizations and Associations (past and present)

- · Canadian Dental Association
- · Ontario Dental Association
- American Academy of Sleep Medicine
- Academy of General Dentistry
- American Academy of Craniofacial Pain
- · International Association for Orthodontics

- International Myopain Society
- · International Congress of Oral Implantologists
- · Academy of Sports Dentistry
- · American Academy of Clinical Sleep Disorders.
- · World Clinical Laser Institute

Fellowships Attained

- 1. Fellow of the American Academy of General Dentistry (FAGD)
- 2. Fellow of the American Academy of Craniofacial Pain (FAACP)
- 3. Fellow of the International Congress of Oral Implantologists (FICOI)
- 4. Fellow of the World Clinical Laser Institute (FWCLI)
- 5. Fellow of Oral Surgery Academy (FOSA)

His next fellowships are planned in Orthodontics, Cosmetic Dentistry, Sports Dentistry, Academy of Breast-Feeding Medicine and Sleep Medicine.

EDUCATION

Graduated as a Manual Osteopath through National Academy of Osteopathy (NAO)	83 72 72 70 66
PATENTS	
Patent US19710104014	80
APPOINTMENTS AND PUBLICATIONS	
Co-Chairman and Cofounder of the Inner-City School Teaching Project for underprivileged children in Montreal This program ran for over 20 years	69
Editor, McGill Dental Review	70
Creator, Educational Radio Program on Preventive Dentistry for Canadian Forces Base Lahr, Germany197	72
Editor, Continuing Education Program Canadian Dental Association	80
Editor, Dentafacts with Medifacts' Dr. Arthur Peart MD	

Dental Health and Systemic Hypocrisy pp. 60 to 64
McGill Dental Review vol 31 no 4
Oral Health and Systemic Hypocrisy part 2 pp. 86 to 89
McGill Dental Review Vol 32 no 21970
Preventive Dentistry = Motivation + Information + Participation pp13 to pp20
The Canadian Forces Dental Services
Initiated the development of a Film on Preventive Dentistry in conjunction with Crawley Films for while serving as a
Preventive Dentistry Officer and a Captain in the Canadian Forces. Filmed a super-8 pilot of the whole project and
created cartoons as illustrations of the concepts and then worked with the Director of the Canadian Forces Band to
create a musical score for the film.
Canadian Dental Association and Medifacts
Created a monthly one-hour audio program accompanied by a brochure and article.
Coaching Association of Canada (CAC)
Published an article on Sports Dentistry and the implications of craniomandibular health to sports performance.
"Adventures of Flossman"
Created a comic book called "Adventures of Flossman" with artist Teresa Wakclavik designed for children.
"Personal Potential Planning - How to Achieve your Goals in Health, Happiness and Prosperity"1984
Collaborated and co-authored with Dan Bailey.
"Flossman and the Tooth Fairy"2010
Collaborated to create and publish a comic book for children with artist Luc Doucet and Mark Ward.
Medical Dentistry2012
Created a document/power point presentation to educate the public and professionals about the connections
between decathlon dentistry, diagnosis, and systemic health. This presentation lists 50 plus medical conditions that are influenced by oral bacterial diseases, TMJ problems, the trigeminal nerves, airway dysfunction, sleep bruxism, various other dental and medical issues.
Airway Orthodontics
Created a document /power point presentation on Airway Orthodontics to discuss the connections between airway
orthodontics and systemic health and sleep medicine.
Tone Magazine
Wrote several ongoing articles on the "oral health-total health" connection and the "ABCD's of Dentistry".
YouTube "DolphinDenitstry"2017
Created a channel called DolphinDenitstry and published several videos on dentistry and nutrition for public and patient education.
E-F.O.O.D.S. "E for Enzymes and FOOD means Flexible Organic Omnivarian Diet Strategy" Ebook2018
"Mouth Diseases Influencing Remote Medical Problems"
Published in Cranio UK, January 2019
"The 25 Biological Functions of the Mouth"
Published in March 12, 2019 edition of "Oral Health" magazine.

"Deficiency Dysmorphogenesis Syndrome"	2019
"The Malalignment Syndrome by Dr. Wolf Schamberger"	2019
"Why the Human Face is Shrinking"	2020

In-Practice Booklets for Patient Education

- · "Smart Dentistry for Smart Families."
- "The Ten Paradigms that are changing Dentistry"
- "e-FOOD" (Practical Nutrition)
- "The New Orthodontics"
- Gum Diseases

Publications (Untitled) in progress

- Dentistry's Apology
- T.O.P. Decathlon Dentistry for Dentists
- Medical Dentistry for MD's a seminar for Medical Doctors
- An article writing project this year and next year with Sydney, Australia Orthodontist Dr. Derek Mahony

TEACHING AND LECTURES

La Leche League of Ottawa
Mothercraft Association
Victorian Order of Nurses (VON)
Algonquin College
Ottawa Environmental Illness Association (OEIA)
Ottawa Psychology Association
Denture Therapists Association of Ottawa
Carleton University
University of Ottawa Health Center

Medical Dentistry	2012
Over the Shoulder Observation program for Dr. Devorak, a visiting dentist, watching us perform dentistry wh	
Greenacre showed techniques and explained the concepts and theory behind the clinical techniques he use	S.
Ottawa Toastmasters	2019
Gave the Keynote address to the 25 th anniversary convention of on "Why the	
Human Face is Shrinking"	
Avena Originals Nutrition Company	2019
Keynote speaker in Red Deer Alberta at the Avena Originals Convention on the topic of Medical Dentistry ar	nd
Nutrition.	
"The Medical-Dental Disconnect"	2020
Presentation to Dr. Simon Yu's medical conference in St. Louis Missouri via video conference. Recorded a v	ideo by
the same name. Books and booklets also written.	

CONTINUING EDUCATION

Over the course of his professional career, Dr. Greenacre has studied and collaborated with over 20 MDs, over 25 Perio-oriented Dentists and Periodontists, over 30 Orthodontists and hundreds of other clinicians. The following is a highlighted list of some these professionals.

Medical Doctors with whom Dr. Greenacre has studied with:

- · Dr. Steven Park ENT specialist in NYC
- Dr. Janet Travell Author of Myofascial Pain, The Trigger Point Manual.
- Dr. John Beck. orthopedic surgeon, and inventor of Autonomic System Testing
- · Dr. John Remmers, Sleep Medicine Physician

- Dr. Viola Fryman Osteopathic Physician
- Dr. Don Moeller Post Traumatic Stress Disorder expert
- · Dr. Adam Moscovitch, Sleep Specialist from Toronto.
- · Dr. David Rotenberg, ENT from London Ontario.
- Dr. John Upledger, osteopathic physician

- · Dr. Ted Scholten, Chief Parasitologist with the Province of Ontario
- Dr. Allan Somersaul M.D. lecturer on preventive medicine
- Dr. Norman Shealy, M.D. Dr. Judith Leech Author author of over 10 books on preventive medicine
- Dr Richard Gerber Author of Vibrational Medicine
- Dr Richard Nahas founder of the Seekers Centre in Ottawa
- · Dr. Erik Quellette
- · Dr Robert Kidd MD author of Neural Therapy
- of Falling Asleep in the Middle of Life
- Dr Jean Aubry
- Dr Lionel Labbe
- · Dr Real Dumontier
- Dr. Simon Yu

Orthodontists with whom Dr. Greenacre has studied with:

- Dr. Brendan Stack
- Dr. Lawrence Funt
- Dr. Derek Mahony
- Dr. Thomas Graber
- Dr. William Clark
- Dr. Donald Woodside
- Dr. Edmund Lipskis
- Dr. Karl Nishimura
- Dr. Leon Kussic

- Dr. Rolly Albert
- Dr. John Mew
- Dr. William Hang
- Dr. Jack Fisher
- Dr. James McNamara
- Dr. Gurkan Altuna
- Dr. James Broadbent
- Dr. Mike Mew
- Dr. Bob Rickets

- Dr. Jack Sheridan
- Dr. Thomas Mulligan
- Dr. Bruce Kinnie
- · Dr. Gavin James
- Dr. Grant Bowbeer
- Dr. Mike Derrick
- Dr. Robert Faith
- · Dr. Bob Rennie
- · Dr. Michael Williams

- Dr. Egil Harvold
- Dr. David Singh
- · Dr. Dennis Brenkert
- Dr. Michael Bubon Dr. Michael Williams
- · Dr. James May

Teaching Periodontists with whom Dr. Greenacre has trained with:

- Dr. Surindar Bhaskar
- James Kohner
- Dr. Raymond Yukna
- · Dr. Bret Dyer
- Dr. Howard Tenenbaum (TMD)
- · Dr. Hom-Lay Wang
- Dr. Loyd Tilt
- Dr. Henry Salama
- Dr. Charles Braga
- Dr. Michael Goldberg (TMD)
- · Dr. Steve Brock
- · Dr. William Harvey
- Dr. Lee Reynolds

Periodontal courses attended with these teaching dentists:

- Dr. Gordon Christensen
- Dr. Mark Bonner
- Dr. Michael Bonner
- Dr. Marina Polonsky
- Dr. Robert Gregg
- Dr. Dawn Bloor
- Dr. Guylaine Raymond
- Dr. Shane Hunt
- Dr. Delwin McCarthy
- Dr. Michael Swick
- Dr. Todd McCracken
- Dr. Craig Long
- Dr. Bill Chen

List of Teaching Dentists Dr. Greenacre has studied with in their programs and seminars in orthodontics, periodontics, sleep dentistry and TMD or occlusal rehabilitation who have influenced his career:

- •
- Dr. Robert Barkley
- Dr. Ernest Ambrose
- Dr. Weldon Bell
- Dr. Al Fonder
- Dr. Jack Stenger
- Dr. Nathan Shore
- Dr. John Vincelli
- Dr. David Page
- Dr. Stephen Smith
- Dr. Harold Ravens
- Dr. Raymond Yukna
- Dr. James Garry
- Dr. Clifton Simmons
- Dr. Edwin Ernest
- Dr. John Vincelli
- · Dr. Barry Sessle
- · Dr. Charles Holt
- Dr. Allen Moses
- Dr. Gerald Murphy
- Dr. Robert Talley
- Dr. Steve Olmos
- · Dr. Brock Rondeau

- Dr. Michael Champagne
- Dr. Jean-Noel Lavallee
- Dr. John Witzig
- Dr. Pamela Steed
- Dr. Wesley Shankland
- Dr. Terry Spahl
- Dr. Harold Gelb
- Dr. Annika Isberg
- Dr. Errol Lader
- Dr. Jack Haden
- Dr. Jim Beck
- Dr Hom-Lay Wang
- Dr. Michael Greenberg
- Dr. Howard Tenenbaum
- Dr. Gilles Levigne
- Dr. Dennis Strokon
- Dr. Derrick Nordstrom
- Dr. Ron Levandoski
- Dr. Gerald Smith
- Dr. Merle Bean

- Dr. Ken Luco
- Dr Carl Misch
 Dr Carra Whi
- Dr. George WhiteDr. Steve Galella
- Dr. Dernarda Carai
- Dr. Bernardo Garcia
- Dr. Jim Carlson
- Dr. Ralph Garcia
- Dr. Jay Gerber
- Dr. John Nasedkin
- Dr. Jeff OkesonDr. Clayton Chan
- Dr. Yosh Jefferson
- Dr. Duane Keller
- Dr. Merle Loudon
- Dr. Edmund Liem
- Dr. Adrian Palencar
- Dr. Philip Pistolas
- Dr. Theodor Belfor
- Dr. Robert Bond
- Dr. Skip Truitt
- Dr. Alan Macdonald
- · Dr. Hugh Fraser

- Dr. Larry Gaum oral surgeon
- Dr. Dan Tache
- Dr. Walker Shortill
- · Dr. George Beagrie
- Dr. John Nasedkin
- Dr Natalie Wong
- · Dr. Barry Berman
- Dr. Dennis Marangos
- Dr. Don Enlow Anatomist and researcher
- Mariano Rocabado, advanced physical therapist.
- Dan Garliner Myofunctional educator
- Dr. Bill Dorfman